



## Chronic Condition Management Plus by Teladoc Health



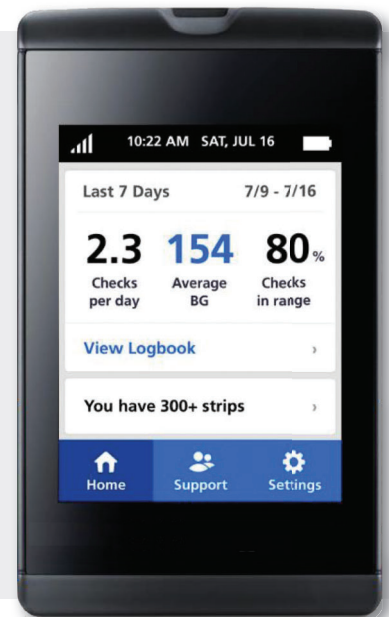
### Did you know?

Oftentimes, people living with chronic conditions have two or three conditions on average, not just one. Because of this, there isn't always a one-size-fits-all solution. And we understand that over time, having multiple chronic conditions can be costly to you. To help you manage these conditions, we're offering Chronic Condition Management program free to all members!

### Chronic Condition Management by Teladoc Health

Chronic Condition Management provides you with a more personalized and effective approach for managing multiple health challenges. In particular, you can get help with complications you might face with diabetes, prediabetes and cardiovascular health, offering you a better, more effective way to manage your health.

The Chronic Condition Management program ensures whether you're living with one or more chronic conditions, you'll receive a unified, one-stop experience that adapts based on your needs, health status and behaviors as you move through your journey. This includes connected devices, which create adaptive, high-impact experiences!



**Meritain Health<sup>®</sup>**  
an  **aetna** company

### Diabetes solution

People with diabetes

- Hypertension
- Dyslipidemia
- Weight management
- Mental health



### Prediabetes solution

People with prediabetes

- Hypertension
- Dyslipidemia
- Weight management
- Mental health



### Cardiovascular solution

People with hypertension

- Dyslipidemia
- Weight management
- Mental health



## Member support

With Chronic Condition Management, you have access to support and tools for managing your health conditions. These include:

- Lifestyle behavior change tools.
- Expert health coaching.
- Personalized plans for reaching goals.
- And more!

## Receive support across multiple platforms



Get started today by visiting [TeladocHealth.com/Smile](https://TeladocHealth.com/Smile) or call 1.800.TELADOC (1.800.835.2362).

### Simple. Transparent. Versatile.

At Meritain Health®, we're creating unrivaled connections.

Follow us: @meritainhealth | Meritain Health

[www.meritain.com](https://www.meritain.com) | © 2025-2026 Meritain Health, Inc.

**Meritain Health®**  
an  **aetna** company